

# Eco-Exchange/Visitors Program 2016 at Cite Ecologique of New Hampshire Ecovillage.

If you'd like to see what life is like at Cite Ecologique of New Hampshire and build your skills in sustainable living at the same time, you may be interested to participate in our Eco-Exchange program. In this program your host organization, Cite Ecologique Learning Center will provide for you, your living accommodations, food and guidance while at Cite Ecologique of New Hampshire Ecovillage.

Opportunities to gain hands-on experience is, of course, also part of the exchange. Projects often include organic gardening and food preservation, community cooking meals, small agricultural endeavors, small business projects, small restoration building projects, and sustainable technology. The Eco-exchange "season" generally runs from May through October (though occasionally extended season opportunities arise).

## 2016 Eco-Exchange Program:

**Construction and restoration** -There's always a new project going on in our Ecovillage. This Eco-exchange will shift between building, painting, repairing and restoring... We are looking for good spirit with strong desire to learn and help.

**Community Kitchen assistant:** As a community we share daily lunches and one or two dinners a week. This Eco-exchange place you at the heart of the Ecovillage. Learn how to process fresh organic vegetables, how to do homemade yogurt, and fulfill the needs of the community. It's a fun and rich experience!

**The sustainable artist:** We have a nice land and a beautiful to take great care of and always look to create new projects to embellish it. So we can use some help!

**Organic Farmer helpmate:** Be mesmerized by the view of our [organic farm](#) while you connect with nature and learn from her wisdom. For a green experience....

# What is it like to be an Eco-Exchanger at Cite Ecologique of New Hampshire Ecovillage

Eco-Exchangers are hosted by Cite Ecologique Learning Center. Arrangements between Eco-exchangers vary from project to project.

Eco-Exchange is a unique living community experience. Typically, as an Eco-exchanger you are part of an eating cooperative or family-style eating arrangement. You are also invited to be involved in different events of the community of [Cite Ecologique of New Hampshire](#). You will have access to our Solar heated swimming pool, Volleyball court, as well as our 325 acres of land and a weekly yoga course.

Our Daily Schedule:

- Breakfast (do your own)
  - 8:00 AM to 12:00 PM (Eco-Exchange program)
  - 12:00 Community Lunch
  - 1:00 PM to 4:00 PM (Eco-Exchange)
  - Yoga session every Thursday 5:00PM to 7:00 PM
  - 4:00 PM Free time, Volleyball, hiking...
  - We usually have a community dinner every Wednesday 5:30 PM
  - Dinner (do your own except for Wednesday)
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- Fill out the [Eco-Exchange program Application](#), with as much detail as possible.
  - You can also let us know if you have an interest in multiple areas, or no preference and you simply want a chance to learn more about our Ecovillage.
  - We may not be able to guarantee you a position in the field of your preference, but it helps guide our selection.
  - Submit the application. We receive many, many applications, so it's advisable to apply before mid-March. The Eco-exchange season here is from May–October.
  - Cite Ecologique Learning Center will contact usually you within 72-hour if they are some availability.